

# Passion@Work

## Vocation Identity Workshops

This is a series of 4 short workshops designed to help you discover what has to be true for you to be fulfilled by your work. Each workshop is a stand-alone experience so you are welcome to join us for one or more of them to focus on what is important to you now. They also follow a natural developmental path and together form a powerful process for gaining insight and creating change.

### Workshop 1—Self@Work

An inner exploration to find out what really makes you tick and how you can best express your needs and desires about your work.

You will discover how to:

- Make sense of the way you think and feel about work
- Explore and express your deeper motivations to re-energise your work
- Recognise your natural talents and qualities as well as your learned skills
- Express what has to be true for you to be happy and inspired at work
- Identify any blocking beliefs or emotional baggage
- Clarify a way forward for discovering your most satisfying work

This workshop starts at 9.00 and finishes at 12.30. It costs £175 plus vat and includes all materials and refreshments.

### Workshop 2—Passion@Purpose

This workshop explores the connections between our values, core beliefs and talents to find a natural way to express your uniqueness through the work you do.

You will explore:

- How your identity and talents shape your unique contribution
- Ways to express your unique criteria for 'worthwhile' and 'fulfilment'
- Having a deeper level of meaning or sense of purpose for your work
- Aligning yourself with your true vocation identity

This workshop starts at 14.00 and finishes at 17.30. It costs £175 plus vat and includes all materials and refreshments.

[www.passionatwork.co.uk](http://www.passionatwork.co.uk)  
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### Workshop 3 –Create New Direction

This workshop assumes you already have a clear sense of identity and purpose and are now ready to explore and evaluate the options available to match your vocational needs and desires.

You will:

- Generate choices to match your criteria for successful work
- Create a Dream Job description
- Map your criteria onto a tool for evaluating best fit
- Future pace a number of best fit options
- Create a Momentum Map for any further research required

This workshop starts at 9.00 and finishes at 12.30. It costs £175 plus vat including all materials and refreshments.

### Workshop 4 –Make it Happen!

This workshop assumes you are clear about who you are, what your natural skills, talents and qualities are, and that you have made a decision to move in a new direction.

You will:

- Translate your motivation into specific actions
- Create multi level Momentum Maps for key phases
- Build a treasure chest of resources for on-going support
- Receive some 121 coaching to test your genuine commitment

This workshop starts at 14.00 and finishes at 17.30. It costs £175 plus vat and includes all materials and refreshments.

### Special Offers

There is a 20% discount for anyone booking all 4 modules. The cost will be £560 plus vat. This means you could spread the time commitment over several months if you prefer and save some money too. We also have 2 bursary places on each workshop so call us for details.